

Giving Back

Colac Area Health Foundation

April 2017

THE LONG ROAD APPEAL

BRINGING
SPECIALIST
CARE
TO COLAC



... giving back to the community

Bringing Cancer Treatments to Colac

*Every donation made
to the Foundation will
make a difference to
patient care and help
to build a healthier
community*



Maree Coates was appointed as Executive Officer in Oct 2016 to oversee fundraising activity for the Foundation. Contact her Tuesday to Thursday on 03 5232 5288.

Thankyou!

When the Foundation was formed back in 2011, the idea of Colac having it's own Cancer Centre was hard to imagine. But by 2014, the dream was on the way to being realised with the launch of the Long Road Appeal. The Colac Area Health Foundation launched the Long Road Appeal in August of that year and it was then that the Colac community demonstrated it's amazing generosity.

Over a period of less than 2 years, \$540,000 was raised to fund the Cancer Centre at Colac Area Health. Thankyou to the Colac and District community for entrusting us with your hard earned dollars to bring this new facility to Colac. Each and every person, group, club or business who contributed have so much to be proud of.

The Frank Minchinton Centre was officially opened on 16 April, 2016. Now 12 months on and the centre has provided over 350 treatments, of which more than 200 were for chemotherapy. More than 50 families have been supported after receiving a cancer diagnosis. Before the Cancer Centre was built, it meant patients would have to travel many hours adding to their physical and financial pressures - it takes some of that pressure off, eliminating the need to travel.

The Long Road Appeal's – Bringing Specialist Care to Colac continues our quest to provide essential services for the patients of Colac Area Health. A major project is now underway where new consulting and treatment rooms are to be built. This will benefit patients in that they will be able to see a Specialist here in Colac without having to travel to Geelong or Melbourne. (See details on page 3).

See pages 4 & 5 for a full list our supporters...



Frank Minchinton Tribute

The late Frank Minchinton was a great supporter of the Cancer Centre and of Colac Area Health.

Frank was a farmer in the Otways, growing potatoes and dedicated to the land. He kept

all his farm machinery in excellent working order and had a keen interest in the weather, keeping detailed weather charts on the rainfall in his area. Frank

was described by his friends and family as a true gentleman who always dressed well when he went out and had a reputation as a skilful ballroom dancer.

There have been many people who have died in the Colac district from Cancer, including some of Frank's friends. In his 'no-nonsense' approach to life, Frank thought 'why not get involved' and do something about this. Hence his support of Colac Area Health culminating in his generous gift of \$150,000 to the development of the centre.

Frank's generosity was recognised with the naming of the Cancer Centre as 'The Frank Minchinton Centre.

Bringing Specialist Care to Colac

Colac Area Health Foundation's Long Road Appeal is raising funds to help bring Specialist Care to Colac, improving facilities and services for patients of Colac Area Health.

The project underway includes new consulting rooms and treatment rooms so that visiting specialists have modern accommodation in which to work. These rooms be will constructed in what locals would know as Polwarth House.

In addition to this, Main Reception and the waiting room will be upgraded and the Miller Street entrance updated providing parking for four vehicles.

Our current visiting Medical Specialists include:

- Gynaecologist
- Neurologist
- Oncologist
- Ophthalmologist
- Orthopaedic Surgeons
- Radiation Oncologists
- Urologist

Once built, it means patients can receive consultations and treatments without having to travel to Geelong or even Melbourne – reducing travel time and costs.



Artist's impression of new Miller Street entrance



Internal view of consulting rooms.



Customer Reception Manager, Bianca McKay & Services Manager, Trevor Nelson studying the plans for the new consulting rooms



Current Miller Street entrance

See back page for ways you can help to contribute to the Long Road Appeal – Bringing Specialist Care to Colac



Thank You

BEQUESTS

Estate of
Dawne Snowden
Estate of
Graeme Hanson
Estate of Ian Lindsay Hay
Estate of Margaret Tann
Estate of
Robert John Speirs
Estate of
Robin Sydney Swan

Thanks also for bequests made directly to Colac Area Health which contribute to the services and facilities benefiting the local community.

INDIVIDUAL DONORS

A & F Cremona
A Fernandez
AL & MJL Salmon
Alan & Nancye Mills
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Val Roberts
Valda Stevens & Brenda White
Valerie Roberts
Vallance Family
Vivienne Sutherland
Vonda Carson
Wendy Adams
We also gratefully acknowledge the many anonymous donations made to the Long Road Appeal. Many thanks!

GIFTS IN MEMORY OF...

Alexander Stewart
Allan Matthews
Agnes Chapman
Cecila Dean
Coralyn Scott
Darryl Steele
Edward Holmes
Edward Malone
Frank Minchinton
Frederick Bentley
Gerard Melville
Graeme Hayward
Gwenda Box
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Peter Lardner
Rubina Sibley
Terese McDonald

CORPORATE DONORS

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Bendigo Bank
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Central Tyre & Auto
Charles Stewart & Co
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CMTP
Cobden AB
Co-operative Ltd
Colac Herald
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Otway Golden Baked Potatoes
Otways Tourist Park
Quinn Funerals
Red Rooster
Riordan LPG
Robb Brothers Joinery
Shelton Timbers
Spence Building & Joinery
Water Supply
Specialists Colac
Western Insurance Brokers
Woolworths Supermarket
WT Rootes Pty Ltd

GROUPS AND CLUBS

Anti-Cancer Council of Vic - Colac
Apollo Bay CWA
Badminton Club
Barongarook CWA
Beeac Fundraiser
Better Hearing & Menieres Grp
Birregurra Bowling Club

Birregurra Community Health Auxiliary
Charles Stewart Staff
City Bowls Club
Colac & District Family History Group
Colac Ace Book Club
Colac Adult Riding Club
Colac Are Health Community Nursing
Colac Area Health Allied Health Team
Colac Area Health Reception
Colac Bowling Club Inc
Colac Bridge Club
Colac Central Probus Club
Colac Chorale & Orchestra Inc
Colac City Band
Colac City Bowls Charity Table
Colac Collectable Car Club
Colac Comeback Country Inc
Colac Cricket Club
Colac Custom Car & Bike Show Inc
Colac CWA
Colac KYB Group
Colac Ladies Badminton
Colac Ladies Daytime Squash Club
Colac Ladies Probus
Colac Old Time Dance Club Inc
Colac Otway Shire Indoor Social Club
Colac Otway Sustainability Group
Colac Pastoral & Ag Society
Colac Quilters Inc
Colac Rock N Roll Club
Colac RSL
Colac Secondary College
Colac Specialist School
Colac West Primary School
Colanda Residential
Colanda Staff
Cororooke Book Club
Craft Group
Cubby House
Curves Members
Derrinallum RSL
Diabetes Foundation - Colac Branch
Elliminyt Primary School

Freemasons Foundation Victoria Ltd
Gellibrand Over 50s Club
Irrewarra Cricket Club
Irrewillipe Craft Group
Janice King - Nutrimetics
Kanyana Snr Citizens Club
Knights of the Southern Cross
LA & LM Armistead
Larpetts Friends
Lavers Hill Branch VIT-UDV

Lions Club Forrest
Lions Club of Colac
M Brunt Truck Museum
Magistrates Court
Meriba Service Club
Motor Cycle Ride Fundraiser
Neighbourhood House
Otway Derby Dolls
Park Orchards Football Club
Pomborneit North CWA
Rotary Club of Colac
Rotary Club of Colac West Inc
SES Colac
South West Do Care
St Johns Anglican Womans Guild
St Mary's School Colac
T.O.W.N. Clubs Of Victoria

The Palais Bingo Centre
Trinity College Colac
U3A Armchair Travel Group
Ulysses Motorcycle Club
Warrion Girls Australia Day Breakfast
Warrion St Johns Lodge
Women Evolving Bereavement

EVENTS

Colac Area Health Foundation Golf Day
Colac Cup Day
Colanda Fundraiser
Dying to Know More
Fast & Furious Movie Night
High Tea on the Hill
Jamieson Family Fundraiser
King Kong Theatre Night
Kristopher Seabert/
Straight Shooters
Longest Night Ball

Meriba/Caulfield Cup Day
Movie Nights
Murray to Moyne
Rick Burnett Fundraiser
Run Colac
Sandra Dempsey/Head Shave
Trivia Nights
Thankyou to all those who donated goods or services for raffle prizes, silent auctions and other purposes at our events. Your contribution is greatly appreciated.

CHANGE FOR CHANGE

Donation boxes/tins located at businesses throughout the Colac region

Apollo Bay Hotel
Apollo Bay IGA
Apollo Bay Tourist Information Centre
Apollo Seafoods
Bakers Delight
Ballarat Hotel - Apollo Bay
Bargain Box Fabrics
Beeac Hotel
Bendigo Bank
Birregurra Medical Centre
Birregurra Pharmacy
Botanic Café on the Lake
Café Nu Deli
Cafe Rooke
Central Hotel
Charles Stewart Real Estate
Civic Hardware
Colac Area Health Reception
Colac Cinemas
Colac East Hotel
Colac Ironing Service
Colac Locksmiths
Colac Lotto
Colac Pharmacy
Colac Tourist Information Centre
Colac West Newsagency
Coles Supermarket

Commonwealth Bank
COPACC
Corangamarah Reception
Curves Colac
Deans Marsh Store
Elliminyt MiniMart
Fagg's Mitre 10
Food on Forest
Forrest General Store
George's Takeaway - Apollo Bay
Great Ocean Road VIP Bakehouse
Hulm's Bakery
IGA
John Timms - Adelaide
Kennett River Store Cafe
Kentucky Fried Chicken
Lavers Hill Café
Lorne Bakehouse
Lorne Hotel
Lorne Pharmacy
Mackay's Milkbar
Mamre Hotel
Men Only Hairdressing
Millmans Art Show
Neighbourhood House
Painters Pot
PaintRight Colac
Pinky's Pizza
Pirron Yallock Hotel
Red Rooster
Reynolds IGA
Riordan LPG
Riordans Hire & Hardware
Rosies Drycleaners
Selwyn Jewellers
Simpson Store
St John of God Pathology
Subway
The Corner Store Forrest
The Wonky Donkey
Thwaites Bakery
Timeless Interiors
Union Hotel
Wye Beach Hotel
Wye River General Store

***Donor List as at 31 December 2016**



Snippets from The Long Road Appeal

*A big thankyou to all the
organisers and participants
in our events.*

*Your time and efforts are
greatly appreciated!*

Raising funds for the Long Road Appeal took many forms including individual financial donations and a range of fundraising events. Some included the Annual Golf Day, Colac Cup Day, Longest Night Ball, Run Colac, Jamieson Family Fundraiser, Fast & Furious, Murray to Moyne... the list goes on.



TOP Golf Day ABOVE The Jamiesons

TOP Fast and Furious ABOVE Colac Races

Meet Brian and Pam

Colac local residents, Brian Russell and his wife Pam have almost been here since the beginning, receiving treatment from the second week of opening. Brian was diagnosed with pancreatic cancer in 2013 for which he immediately commenced chemotherapy and subsequently had radiotherapy in Geelong.

Until the Frank Minchinton Centre opened, Brian and Pam were travelling to Geelong once or twice a week, even daily for the duration of his radiotherapy, for over 2½ years and estimating over 6000kms travelled in that time! 'Coming to have treatment in Colac has been so beneficial, it's caused us less stress and fatigue, it has to have an impact on your overall health', says Brian



Registered nurse, Charlotte Henry (left) with Brian and Pam

*"We're just so grateful we don't have to
travel to Geelong anymore"* Pam Russell

How we gave back to the community in 2016

The Colac Area Health Foundation has given almost \$900,000 back to the community. The Foundation uses funds received such as donations, bequests and appeals to improve the services and facilities of Colac Area Health.

The Colac Area Health Foundation's Long Road Appeal enabled the construction of Colac's new Cancer Treatment Centre just 14 months after the launch of the Appeal. The Appeal alone, raised over \$540,000!

Other equipment and projects funded by the Foundation include:

- The purchase of Olympus Endoscopy equipment valued at \$271,381. This is used for medical procedures that allows a doctor to observe the inside of the body without performing major surgery. This helps patients recover quickly spending less time in hospital.
- The purchase of a CTG Machine for maternity valued at \$47,125. This is the latest in monitoring technology.
- Improvement of Palliative Care rooms and facilities valued at \$44,380.
- Upgrading the kitchen and dining facilities in Neighbourhood House valued at \$20,567
- The purchase of counselling chairs, desks, outdoor furniture and flagpoles for the Youth Health Hub valued at \$16,300.

Theatre nurses Chloe Marshman (left) and Tess Melican with the Endoscopy equipment.



Leave a Lasting Legacy

Have you considered making a bequest to Colac Area Health Foundation?

If you or a family member have been the recipient of services of Colac Area Health, then you will understand how important it is to have an organisation like Colac Area Health, with its many services and facilities, on hand when you need it most. A bequest to the Foundation will ensure those vital services will continue to be provided into the future.

We suggest discussing your will with family and your solicitor who will arrange for the particular wording that is necessary in making a will.

A bequest to Colac Area Health Foundation is a lasting gift to the health and welfare of future generations of those who live in the Colac and district region



How You Can Help

There are a number of ways you can help us 'shorten the road' by:

- Making a financial donation
- Leaving a bequest to Colac Area Health Foundation in your Will
- Running a fundraising event eg. Australia Day Breakfast
- Volunteer at some of our events
- Contribute through Workplace Giving

You can donate now by completing the donation slip below or visit www.cahfoundation.org.au. Alternatively call 03 5232 5288 or drop into the Foundation office located at 2-28 Connor St, Colac, Vic, 3250.

Your generosity is greatly appreciated!

Workplace Giving

Workplace giving is a method of contributing which allows employees to make donations to the Colac Area Health Foundation from their gross pay. This is an easy and efficient method of supporting Colac Area Health and its allied health programs.

The Foundation has Designated Gift Recipient (DGR) status so any donation is tax deductible. This means an employee can salary package the donation (pre tax deduction).

The benefits for employees are that donations are tax deductible, made pre-tax, no fees and you are supporting your local community. For employers it helps to attract quality employees who seek community minded employers, provides positive public relations and requires few resources to administer the program. Other than arranging for the deduction through payroll, there are no costs involved.

Friends of the Foundation

We would love to stay in touch with you by sending this publication and other Foundation news to you so you can read it online. It saves money on postage and helps the environment.

To receive this publication in the future, send an email to the foundation at foundation@cah.vic.gov.au and we will gladly add you to our list of 'Friends of the Foundation'.



Yes, I would like to contribute to the Long Road Appeal. Here is my gift of:

\$50 \$100 \$250 Other \$ _____

Cheque Credit Card

First Name _____

Visa Mastercard

Last Name _____

Card No.

Address _____

Name on Card _____

City _____ State _____ Postcode _____

Expiry /

Email _____

Phone _____

Please send me further information on bequests

Return to: Colac Area Health Foundation,
Reply Paid 67550, Colac, Vic 3250 (Postage not required)

A receipt for your tax deductible gift will be sent to you promptly. Thankyou!

